



Who is MPACT?

MPACT's staff consists mainly of parents or family members of children with disabilities ranging from young children to young adults. MPACT's board has a majority of members who are parents and family members of children with disabilities and/or are adults with disabilities.

Another integral part of MPACT is our volunteers. Volunteers perform a variety of services from manning booths at trainings and resource fairs to mentoring parents by assisting them to prepare for meetings with schools and attending meetings at schools with parents.

What is an MPACT Mentor?

Mentors are trained volunteers who:

- Help parents understand their rights and responsibilities
- Help parents plan and prepare for IFSP or IEP meetings
- Assist parents in record review and organizing their child's information
- Assist parents in documentation and letter writing

Who can be a Parent Mentor?

- Anyone who has a desire to help others
- Parents, Grandparents, Family Members
- Professionals
- Neighbors
- Adults and Youth who have disabilities

How can I become a Parent Mentor?

Attend MPACT trainings!

- MPACT trainings are designed to give you the tools to become a Parent Mentor or a Support Volunteer who is knowledgeable of the special education process.
- Parent Mentors are screened through an application process and when chosen, receive additional Parent Mentor training and supervision from MPACT staff

to build a better understanding of how to work with schools and communities through leadership and effective advocacy in every parent who contacts us, raising the quality of our children's lives by acting for their future.

What Services Do We Provide?

- Training for parents, youth, school staff & professionals
- Direct Assistance to parents and youth through phone and/or email
- One-on-One Mentoring from Parent Mentors
- Appropriate referrals to community based agencies
- Information and Resource dissemination
- Web-base services including an e-newsletter, MPACT Facebook friends group, and a web-site: www.ptimpact.org that provides immediate access to training schedules, information, resources, and online trainings.

MPACT is a Parent Training and Information Center that serves children with disabilities, their families and communities throughout the state. We are committed to excellence as we provide FREE special education process and effective advocacy training and disability-specific resources and information to parents, families, and youth.

Whether a parent has just begun the journey of navigating the process of an Individual Family Service Program (IFSP), through which their family and child will receive Early Intervening Services, or the process of an Individual Education Program (IEP), through which their child will receive special education services at a district school, MPACT can assist through training and mentoring. MPACT is just one phone call away: 800-743-7634.

When you need help to be an effective advocate for your child at school and in the community it makes sense to call **MPACT**! **MPACT** strives

MPACT Training Menu

Understanding the IEP Process
Understanding the IEP Process for parents of children with ASD
Special Education Law
Disagreement Resolution Process
Positive Behavioral Interventions
Understanding ADHD
How to Write Measurable Goals
Parents Facilitate and Youth Take Action
Solving the Employment Puzzle
Art of Effective Advocacy
Is your Child the Target of Bullying
Effective Communication for First Step Families
Understanding the IFSP Process
Missouri First Steps Parental Rights
Transition from Part C to B

Fact Sheet Menu

Developmental Achievement Chart
Extended School Year Services
FAPE - Free Appropriate Education
IEP Components
LRE- Least Restrictive Environment
Parent Checklist
Parent/Guardian Transition Inventory
Pre-Meeting Workshop
Sample Letter Menu
Expressing Appreciation
IEP follow Up Letter
Initial Evaluation Request
Meeting Request
Records Request

This is just a small sampling of the over 70 FACT Sheets and Sample Letters MPACT can disseminate in print or through email.

Where is MPACT?

While our state office is located in Kansas City MO, we also have staff throughout the state to serve parents, family members and youth. To find a staff member in your area, visit us www.ptimpact.org or call our state office toll-free at 1-800-743-7634.



Missouri Parents Act

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800-743-7634 or 816-531-7070
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info@ptimpact.org

***Missouri Parents Acting
for the future of our children.***



*To ensure all children with special needs
receive an education that allows them
to achieve their personal goals.*